

Maxfield Public Library



8 Route 129, Loudon, NH 03307
603-798-5153
www.MaxfieldLibrary.com

HOURS

Mon/Wen: 2 - 7:30 pm
Tue/Thu: 10 - 7:30 pm
Saturday: 9 - 1
Closed Friday and Sunday

HOLIDAY CLOSINGS

Saturday, November 11 in observance of Veterans' Day
Thu-Sat, November 23-25 in celebration of Thanksgiving

Music & Movement

This month's music and movement class is all about food! Join us on Tuesdays at 10:30 am for songs, rhymes, yoga, drumming and more!

Storytime

Thursdays, November 2, 9, 16, 30.
NO story time on Thursday 23.

Library Events

SPECIAL STORY TIME EVENT



Tuesday, November 14 @ 11 am

Special visitor, meteorologist Josh Judge, from WMUR, will be here for a story time reading and book signing! Josh Judge will read his new book, *Be Nice to the Weather Guy: A New England Christmas Story* and then will answer questions from the audience. His books will be available for purchase and signing afterwards. Books are \$19.95 and all proceeds go to CHaD.

On the Run All in ONE Meals

Wednesday, Nov 15 6:30-7:30 pm



Busy schedules mean quick meals...and maybe too much take out which can be tough on the wallet and the waistline. Minimize meal prep and clean up with one pot meals. Join Registered Dietitian, Michelle Smith, for this fun and interactive class. Samples and recipes provided. Register for this free program please! This program is offered by Concord Hospital Center for Health Promotion.

MEDITATION

First Wednesday of every month

November 1 @ 6 pm

\$5 per person

Please bring a mat or towel and a blanket.

YOGA

Every Monday 6-7 pm

Every Tuesday 9 am - Chair Yoga

Every Tuesday 1-2 pm

Every Thursday 11 am - Chair Yoga

Every Thursday 6-7 pm

Only \$5 per session!

RESTORATIVE YOGA

November 29 @ 6 pm

\$5 per person

Need to destress before the busy holiday season? Restorative yoga is a form of yoga that seeks to achieve physical, mental and emotional relaxation. Maybe this class is just what you need.

The Holidays are coming--GIFT CERTIFICATES AVAILABLE!!

Spiritual Discussion Group

This group will be meeting Tuesday, Nov 14 @ 6 pm
Book Group

Book group meets Thursday, November 16 @ 7pm